Our Lady of Sorrows



The feast of Our Lady of Sorrows commemorates the seven great sorrows which Mary lived in relation to Her Son, as they are recorded in the Gospels or through Tradition. Today we are invited to reflect on Mary's deep suffering:

- 1. At the prophecy of Simeon: "You yourself shall be pierced with a sword so that the thoughts of many hearts may be laid bare." (Luke 2:35).
- 2. At the flight into Egypt; "Get up, take the child and his mother, and flee to Egypt." (Mt 2:13).
- 3. Having lost the Holy Child at Jerusalem; "You see that your father and I have been searching for you in sorrow." (Luke 2:48).
- 4. Meeting Jesus on his way to Calvary;
- 5. Standing at the foot of the Cross; "Near the cross of Jesus there stood His mother." (John 19:25).
- 6. Jesus being taken from the Cross;
- 7. At the burial of Christ.

Prior to the Second Vatican Council, there were two feasts devoted to the sorrows of Mary. The first feast was instituted in Cologne in 1413 as an expiation for the sins of the iconoclast Hussites. The second is attributed to the Servite order whose principal devotion are the Seven Sorrows. It was instituted in 1668, though the devotion had been in existence since 1239 - five years after the founding of the order.